



INSTRUCTIONAL STAFF

Assistant Coach Carter Rigby and select returning Cougars players will be on hand to develop and teach our participants about the incredible game of hockey! Our staff will be sharing their passion for the game while teaching the *fundamentals* in the exciting atmosphere of the CN Centre! Their combined knowledge, enthusiasm and overall love of the game will provide participants with the most exciting, top-notch hockey school experience in Northern BC!

ADDITIONAL INFORMATION

PAYMENT DETAILS

Full payment must accompany registration form. We accept all major credit cards, Interac or cash. Participants will be registered in order of receipt.

CANCELLATION POLICY

Please note that **all payments are non-refundable** but may be transferrable to select Prince George Cougars products (excluding store merchandise) for the 2026-2027 Season.

Transfers not applicable for "sick days"

EQUIPMENT

Participants must have complete ice-hockey equipment including sticks, skates, helmet with cage, neck guard, etc. Off-ice sessions require athletic shoes, jacket or hoodie, shorts or sweat pants, t-shirt, swimsuit & towel, hat and sunscreen.

INJURY/LOSS OF PROPERTY

The Prince George Cougars accept no responsibility for personal injury or loss of property while participants utilize the facilities of the CN Centre & surrounding areas, and reserve the right to alter programs as necessary.

DAILY SCHEDULE

GROUP 1 ROOKIES (U9 Fall 2026)

9:30 AM - 3:00 PM (SUNDAY - TUESDAY)

- 90 min. daily ice session with Assistant Coach Carter Rigby and select returning players!
- Off-ice sessions may include team relays, swimming, soccer or basketball!
- Daily lunch at the CN Centre!
- Travel via the Official Cougars' Team Bus!
- Hockey School keeper jersey, 4 child game vouchers, a one-time use store discount voucher and a group photo!

GROUP 2 HOT SHOTS (U11 Fall 2026)

9:00 AM - 3:00 PM (SUNDAY - TUESDAY)

- 2 hr. daily ice sessions with Assistant Coach Carter Rigby and select returning players!
- Off-ice sessions may include team relays, swimming, soccer or basketball!
- Daily lunch at the CN Centre!
- Travel via the Official Cougars' Team Bus!
- Hockey School keeper jersey, 4 child game vouchers, a one-time use store discount voucher and a group photo!

GROUP 3 ALL STARS (U13 Fall 2026)

9:00 AM - 3:00 PM (SUNDAY - TUESDAY)

- 2 hr. daily ice sessions with Assistant Coach Carter Rigby and select returning players!
- Off-ice sessions may include team relays, swimming, soccer or basketball!
- Daily lunch at the CN Centre!
- Travel via the Official Cougars' Team Bus!
- Hockey School keeper jersey, 4 child game vouchers, a one-time use store discount voucher and a group photo!

PRINCE GEORGE COUGARS HOCKEY CLUB

#102 - 2187 OSPIKA BLVD. SOUTH • PG, BC • V2N 6Z1

MONDAY-FRIDAY • 9:00 AM - 4:30 PM

PHONE: 250-561-0783 • FAX: 250-561-0743

E-MAIL: admin@pgcougars.com



2026 SUMMER HOCKEY SCHOOL

SUNDAY, AUG. 23 - TUESDAY, AUG. 25

GROUP 1 - ROOKIES (U9)

Ages 7 & 8 registering in U9 hockey this Fall

GROUP 2 - HOT SHOTS (U11)

Ages 9 & 10 registering in U11 hockey this Fall

GROUP 3 - ALL STARS (U13)

Ages 11 & 12 registering in U13 hockey this Fall

PRICE INCLUDES

- Daily ice session(s) with Assistant Coach Carter Rigby and select, returning PG Cougars players!
- Daily lunches at the CN Centre!
- Fun off-ice activities!
- Official Cougars Hockey School jersey!
- 4 child vouchers for any 2026-2027 PG Cougars regular season home game! (Subject to availability)
- Travel via the Official Cougars Team Bus *and MORE!..*

OVERVIEW & PHILOSOPHY

The Prince George Cougars Hockey Club prides itself on responding to the needs of today's young players. We offer a unique program with an emphasis on **FUN & FUNDAMENTALS**.

Participants will develop their skills, working with Cougars players and staff on and off the ice. We want our participants to have as much fun as possible while respecting their teammates and coaching staff, which is a huge part of hockey!

AGE DIVISIONS

GROUP 1 - ROOKIES (U9)

Ages 7 & 8 registering in U9 Fall 2026

GROUP 2 - HOT SHOTS (U11)

Ages 9 & 10 registering in U11 Fall 2026

GROUP 3 - ALL STARS (U13)

Ages 11 & 12 registering in U13 Fall 2026

PRICE

\$349.00 + \$17.45 GST = \$366.45

PRICE INCLUDES

- Daily on-ice sessions at the CN Centre with Assistant Coach Carter Rigby and select, returning PG Cougars players!
- Fun off-ice activities including team relays, swimming, soccer or basketball!
- Daily lunch at the CN Centre!
- Travel via the Official Cougars' Team Bus!
- Hockey school keeper jersey, and group photo!
- 4 child vouchers for any 2026-2027 Prince George Cougars home games!
(Subject to availability)
- One-time use Cougars Store discount voucher! (Some conditions apply)

REGISTRATION INFORMATION

PLEASE PRINT CLEARLY

PLAYER NAME: _____

BIRTHDATE: _____ / _____ / _____ AGE: _____
YEAR MONTH DAY

ADDRESS: _____

CITY: _____ PROV.: _____

CARE CARD No.: _____

PARENT/GUARDIAN: _____

e-mail: _____

PARENT CELL: _____

EMERGENCY CONTACT: _____

☐ **GROUP 1** (AGES 7 & 8/U9 Fall 2026)

☐ **MALE**

☐ **GROUP 2** (AGES 9 & 10/U11 Fall 2026)

☐ **FEMALE**

☐ **GROUP 3** (AGES 11 & 12/U13 Fall 2026)

☐ **FORWARD**

☐ **DEFENSE**

☐ **GOALTENDER**

JERSEY SIZE

YOUTH ☐ S/M ☐ L/XL

ADULT ☐ S ☐ M ☐ L ☐ XL

UNSURE OF SIZE? VISIT THE COUGARS OFFICE TO VIEW JERSEY SIZES

PAYMENT DETAILS

☐ CREDIT CARD ☐ INTERAC ☐ CHEQUE ☐ CASH

CC No.: _____

EXP. : _____ / _____ CVV: _____

CARDHOLDER'S NAME: _____

AMOUNT: _____

OFFICE USE ONLY

DATE RECEIVED: _____ REG. #: _____

TOTAL COST: _____

MEDICAL HISTORY

PLEASE LIST ANY MEDICAL CONDITIONS, ALLERGIES OR RECENT INJURIES:

PHOTO/VIDEO WAIVER

☐ **I HEREBY GIVE PERMISSION** for images of my child captured during the Prince George Cougars summer hockey school, through video and/or digital camera, to be used solely for the purpose of Prince George Cougars promotional materials, publications or social media channels, and waive any rights to compensation or ownership thereto.

☐ **I DO NOT GIVE PERMISSION** for images of my child to be taken during the Prince George Cougars summer hockey school.

WAIVER & RELEASE OF LIABILITY

The undersigned acknowledges, appreciates and agrees that: The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment and personal discipline may reduce the risk, the risk of serious injury does exist; and I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my child's participation.

NAME OF PARTICIPANT (PLEASE PRINT)

SIGNATURE OF PARENT/GUARDIAN

DATE: _____

YEAR / MONTH / DAY