



Sarnia Sting Hockey Club  
1455 London Road  
Sarnia, ON  
N7S 6K7

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| <b>JOB TITLE</b>  | <b>Assistant Trainer (Volunteer) – Part-time/Casual</b> |
| <b>REPORTS TO</b> | <b>Blair Hennessey – Head Physical Therapist</b>        |

#### JOB DESCRIPTION

The Sarnia Sting Hockey Club (OHL) is seeking an Assistant Trainer to support the team's medical and performance operations throughout the 2025-26 season.

The successful candidate will work for a minimum of two practices per week as well as afternoon, evening, and weekend home games as per the Sarnia Sting home game schedule. The opportunity to support the Hockey Club's medical operations on select away road trips is also available if the applicant desires.

This role is designed for someone with a background in Kinesiology, Athletic Training, Athletic Therapy or Physiotherapy who is pursuing a career in sports therapy, physiotherapy, athletic training, or strength and conditioning as the position provides real-world experience working with elite-level hockey players in a high-performance environment.

**\*Please note: This is an unpaid volunteer role designed to provide valuable hands-on experience in high-performance sport while supporting the team's health and safety.**

#### DUTIES AND RESPONSIBILITIES

- Report directly to the Head Physical Therapist
- Assist with pre-game and practice preparation: mobility work, activation, taping (if skilled), and warm-up support.
- Provide off-bench assistance during games, including hydration, equipment checks, and injury response.
  - On-bench support may be required depending on whether a multi-athlete injury occurs.
- Respond to injuries under the direction of the Head Physical Therapist and Team Medical Staff.
- Support post-game and practice recovery routines and treatments.
- Help manage and maintain medical and emergency equipment (AED, first aid supplies, splints).
- Maintain a clean, organized, and professional therapy space and bench area.
- Communicate clearly with players, the coaching staff, and the medical team regarding athletes' status and support needs while keeping the Head Physical Therapist informed at all times.
- Uphold strict confidentiality and adhere to all team and Ontario Hockey League (OHL) privacy policies.
- Control Person in the event of EAP Activation.

#### QUALIFICATIONS

- Bachelor's Degree in Kinesiology, Athletic Therapy, or Human Kinetics (required)
  - **Current students completing their final year may also be considered for this opportunity.**
- **Current First Responder Certification (required)**
  - \*Emergency First Aid / CPR certifications alone do not meet this requirement.
- Experience working with athletes in sport therapy, athletic training, or performance settings (preferred)
  - Familiarity with basic taping, soft-tissue techniques, and injury care (training can be provided if needed).
- Strong interpersonal, teamwork, and communication skills.
- Professional demeanor and ability to remain calm and effective in high-pressure, fast paced environments.

#### ADDITIONAL INFORMATION

This is a volunteer role. No financial compensation will be provided. The opportunity to assist at Away games and more practices is available upon request.

The role offers invaluable exposure to working with a high-performance junior hockey organization, as well as opportunities for mentorship and learning from the team's medical and performance staff.

Successful candidates will be required to complete a Police Vulnerable Sector Check. A Confidentiality Agreement must also be signed, and an orientation session must be completed before commencing duties.

## TO APPLY

Interested candidates are asked to submit their resume, proof of First Responder certification and a short cover letter highlighting relevant experience and motivation to volunteer in this role **prior to July 23<sup>rd</sup>, 2025**.

Please send Applications to:

Blair Hennessey, MPT, CSCS

Head Physical Therapist, Sarnia Sting Hockey Club

[bhennessey@sarniasting.com](mailto:bhennessey@sarniasting.com)

We thank all applicants for their interest, however only those selected for an interview will be contacted.

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